

Thomas Cook (India) Limited

11th Floor, Marathon Futurex
N. M. Joshi Marg, Lower Parel (East),
Mumbai - 400 013.
Board No.: +91-22-4242 7000
Fax No. : +91-22-2302 2864



June 17, 2025

The Manager,
Listing Department
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street,
Mumbai – 400 001
Scrip Code: 500413
Fax No.: 2272 2037/39/41/61

The Manager,
Listing Department
National Stock Exchange of India Limited
Exchange Plaza, 5th Floor, Plot No. C/1,
G Block, Bandra-Kurla Complex, Bandra (E),
Mumbai – 400 051
Scrip Code: THOMASCOOK
Fax No.: 2659 8237/38

Dear Sir/ Madam,

Sub: Press Release – Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

We are enclosing herewith the Press Release of M/s. Sterling Holiday Resorts Limited, wholly owned subsidiary of M/s. Thomas Cook (India) Limited dated June 17, 2025 titled, "A Triumph in Tranquility: Subuthi Spa at Sterling Lake Palace Alleppey Wins Top Honors at The Spa & Wellness Summit Award".

This is for your information and records.

Thank you.

Yours faithfully,

For **Thomas Cook (India) Limited**

Amit J. Parekh

Company Secretary and Compliance Officer

Encl: a/a

Holidays | Foreign Exchange | Business Travel | MICE | Value Added Services | Visas

Registered & Corporate Office:

Thomas Cook (India) Limited, 11th Floor, Marathon Futurex, N. M. Joshi Marg, Lower Parel (East), Mumbai - 400 013.
Email id: enquiry@thomascook.in CIN No.: L63040MH1978PLC020717
www.thomascook.in



PRESS RELEASE

A Triumph in Tranquility: Subuthi Spa at Sterling Lake Palace Alleppey Wins Top Honors at The Spa & Wellness Summit Award

Recognized as one of Top Resort Spa for its ancient Ayurvedic Therapies and Curated Wellness Programs

Chennai, India | 17 June 2025 — Sterling Holiday Resorts proudly announces that Subuthi Spa at Sterling Lake Palace Alleppey has been named as one of Top 10 Resort Spas in India, at the prestigious **Spa & Wellness Summit 2025**, held in Mumbai and presented by the renowned wellness guru Dr. Mickey Mehta.

Guests can experience stimulating treatments such as: **Abhyanga** (rejuvenating oil massage) | **Shirodhara** (medicated stream therapy) | **Pizhichil** (warm oil soaking) | **Njavarakizhi** (herbal bolus therapy). Each therapy is customized by expert **Vaidyas**, who use the traditional diagnostic method of **Nadi Pariksha** to assess individual needs and their doshas – Vata, Kapha and Pitta.

With the arrival of the monsoon season, considered by Ayurveda as the most ideal time for detoxification and rejuvenation, Subuthi Spa becomes a retreat for those seeking to align their body, mind, and spirit. The moist climate opens up the skin and enhances the body's receptivity to treatments—making now the perfect time to embrace holistic self-care.

“Subuthi Spa has been crafted to deliver immersive, mindful experiences that nurture every dimension of wellbeing—physical, emotional, and spiritual. This recognition at Alleppey reaffirms our promise to create sanctuaries of healing across every corner of the country—be it through our award-winning spas or the specially curated ‘**What A Trip**’ wellness getaways designed for 3, 7, or 14 days of conscious, rejuvenating travel,” said **Anupam Dutta, Chief Marketing Officer, Sterling Holiday Resorts**.

Along with Sterling Lake Palace Alleppey, 20 well equipped Subuthi Spas offering crafted therapies prescribed by the ‘Ayurveda Acharyas’ and curated wellness meals prepared by expert chefs are present in Sterling Palm Bliss Rishikesh, Sterling Wayanad, Sterling Munnar, Sterling Arunai Anantha Tiruvannamalai and many more, all rooted in the belief that a holiday should not only relax—but also restore.

Guests can now select a wellness getaway of their choice at www.whatatrip.sterlingholidays.com



About Sterling Holiday Resorts Ltd.

Sterling Holiday Resorts Limited is a leading hospitality company in India that has a portfolio across **54 unique destinations**, comprising of over **60 resorts, hotels and retreats** and over **3,200 keys** operational. The company caters to leisure stays, Meetings and Conferences (MICE), Destination

Weddings, Reunions, Picnics and Group travel. The company offers a network of properties across hills, beaches, jungles, waterfront, adventure, heritage, pilgrimage and drive-to locations.

Sterling has resorts at some of the best holiday destinations in India, located in Alleppey, Amritsar, Anaikatti, Athirappilly, Badami, Bokaro, Corbett, Chail, Coorg, Darjeeling, Dehradun, Gangtok, Gir, Goa, Godavari, Guruvayur, Haridwar, Jaisalmer, Kalimpong, Kanha, Karwar, Kodaikanal, Kufri, Lonavala, Madurai, Manali, Mount Abu, Munnar, Mussoorie, Nainital, Ooty, Panchgani, Pench, Puri, Pushkar, Ranthambore, Rishikesh, Rudraprayag, Sariska, Shimla, Srinagar, Thekkady, Tiruvannamalai, Tipheshwar, Udaipur, Vanvasa, Vythiri, Wayanad, Yelagiri and Yercaud.

Sterling Holiday Resorts Limited is a part of **Fairfax Financial Holdings Limited** and is a 100% independently managed, wholly owned subsidiary of **Thomas Cook (India) Limited (TCIL)**, India's leading integrated travel and travel-related financial services.

For booking and more information, guests can log on to www.sterlingholidays.com